

YEAR 11 AND 12 RETREAT AT KIAH RIDGE

Our Year 11 and 12 Retreat was a three day and two night experience held in August at the beautiful Kiah Ridge Christian Conference Centre. The aim of our senior retreat is to help equip our students with experiences and strategies to strengthen their relationships with God and others.

Sessions ranging from mandala meditations, clay moulding, liturgies and prayer sessions allowed for our students to be reflectful and think about their relationship with God.

Other sessions on finding the good in others (beatitudes), not just going with the crowd (peer pressure), risk taking, trust activities, role modelling, and treasure hunts acted as a catalyst for a very genuine bonding experience amongst both staff and students alike. Listening to music and watching snippets from current movies in each of these sessions allowed for relevant discussion and brainstorming, and drama and dance allowed for individual expression and communication.

Our daily reflective sessions held each night were a great way for students to remember, reflect and evaluate the day they had at retreat. Each student's retreat booklet (with their activities and messages from friends on retreat) will act as a reminder of their time enjoyed, and hopefully reaffirm their lives later on down the track when things may not be so positive.

