

GETTING ADVENTUROUS



In November students from Years 7-10 participated in outdoor activities run by Optimum Experiences. There was much excitement and some anticipation amongst the students when they saw the activities being set up on the Mater Dei grounds.

The first activities involved team building exercises, the favourite being the one where a team was designated as 'waiters' and had to carry a plate and cup over a distance while the other teams stood on the side and threw foam balls at them in an attempt to knock the cup off the plate. Many agreed that the best part was when the cups were filled with water and they had the opportunity to throw the balls at their teachers and get them wet!

The students had the opportunity over the two days to ride on the flying fox (and shoot foam arrows at their peers and teachers), ride on the giant swing and then wind down with the aerial ballet. For many of our students these activities were very challenging and in true Mater Dei spirit the students rallied around supporting each other, providing encouraging words to those that needed it and clapping and cheering them when they finished. It was because of this strong display of team spirit that many were able to do things that they did not believe they could accomplish.

